

INSTRUCTIONS

- Use this record book for all the things you do in 4-H this year. Put it in a notebook with your other records. Separate each section with a tab. Each project should also have a tab. Keep the project commitment, project journal, project highlights, and financial summary for each project together.
- You may also want a scrapbook in which to keep ribbons, certificates, and programs.
- Use your records to look back at your progress during the year. This will be helpful when you make plans for next year.
- When you complete your 4-H program for this year, write your 4-H story.
- The record book is your personal work. Keep it current as the year progresses. Do your own handwriting or typing.

My 4-H Planning Calendar. Write down the events and activities you will be involved in. Keep track of important events such as 4-H meetings, county fair, camp, and project-related activities.

My 4-H Projects. Use a separate project commitment, project journal, project highlights, and financial summary for each of your projects.

Project Commitment. This is an agreement between you, your project leader, and your parents about what you want to learn and how they will help you. Obtain the required signatures.

Project Journal. Complete one of these forms for each project in which you enroll.

If you need more space for the project journal, add more pages. For some projects you may wish to use the journal as a weekly summary of what is recorded in your add sheets or on work sheets you have created.

Headings for the project journal:

- *Date*.This is a log of your actions. Keep it up to date.
- What did you do or make? List, in order, the things you did or made (purchased supplies, cooked dinner, taught my dog to heel).
- How much?/How many? How much did you buy? How many people did you serve? If this column doesn't apply to what you did, leave it blank.
- Cost. What was the total cost of the items you purchased? If you used feed or other materials given to you by others, estimate the cost. For many other things you do, such as teaching your dog to heel, there will be no cost or income.

- *Income/Value*. What was the amount you received for items sold, or the estimated value of items you made or raised that were used at home?
- *Time.* Estimate the time you spent on this action related to your project. For some activities you may want to summarize weekly or monthly hours spent.
- Comments and what you learned. Briefly tell what problems you had, things you learned, and how you feel about what you did or made.

Project Highlights. Look back at your project commitment. Did you learn what you planned to learn? What problems did you have to solve? What were your main successes? What would you do differently if you did it again, knowing what you know now?

Financial Summary. This is a summary of your project's financial value, what you spent, and what you earned during the year. It summarizes your project journal. Do an inventory when you start your records each year and when you close your records. The difference between what you own from the start to the close of the project is part of your profit or loss for the year.

Project Add Sheets. There may be add sheets for projects with special planning or recording needs (breeding records, milk records, garden plan). Use the add sheets for your project as well as the project journal.

Permanent 4-H Record. Use this to record your participation in leadership, public presentations, demonstrations, judging, and other activities and contests during the years you are in 4-H.

My 4-H Story

Narrative. Write your story for the year in narrative form. Write as though you are actually talking to the reader. Your story should have four parts and be no longer than two sides of one page.

Introduce yourself.

Write about your projects. Do not repeat the project highlights.

Share your 4-H club experiences and how you were involved in your community and school.

Write about how you have changed as a result of your 4-H experience.

Supplemental Information. This section is limited to two sides of one page. It should be related to your club, community, or school. It may contain pictures, news clippings, or letters. All items should be captioned.

MY 4-H PLANNING CALENDAR

Place a check after each event you attend.

NOVEMBER

DECEMBER

JANUARY		
FEBRUARY	 	
MARCH		

APRIL			
MAY	 	 	
JUNE			
-	 	 	

JULY			

AUGUST

SEPTEMBER

	PROJEC	F RECORD
YEARS IN 4-H	PROJECT	YEARS IN THIS PROJECT
THIS IS WHAT I WANT TO) LEARN THIS YEAR:	
MEMBER'S SIGNATURE		DATE
THIS IS WHAT MY LEADER	R AGREED TO HELP ME LEARI	N:
LEADER'S SIGNATURE		DATE
THIS IS HOW MY PARENT	(S)/GUARDIAN AGREED TO I	HELP ME LEARN:

PROJECT JOURNAL

Date	What did you do or make?	How much? How many?	Cost	Income
		TOTALS		

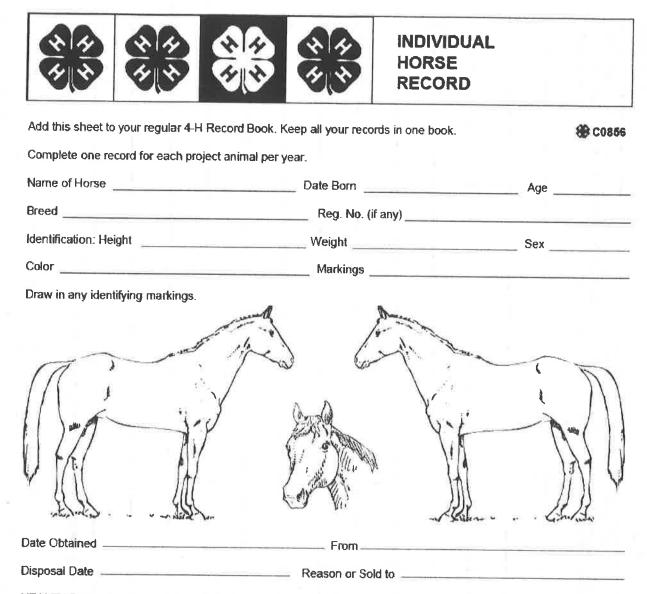
PROJECT PHOTOS

What you learned:	
Problems:	
C	
Successes:	
To do differently next time:	

PROJECT FINANCIAL SUMMERY

(USE IF APPLICABLE TO YOUR PROJECT)

Item	Amount	Value
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
DATEItem	Amount	Value
		\$
		\$
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	TOTAL	\$
1. Cost (project journal)		\$\$
		\$\$ \$\$
2. Beginning Value Total (above)		\$\$ \$\$ \$
2. Beginning Value Total (above) 3. Total Cost – add lines 1 and 2		\$\$ \$\$ \$\$\$
1. Cost (project journal) 2. Beginning Value Total (above) 3. Total Cost – add lines 1 and 2 4. Income/Value (project journal) 5. Ending Value Total (above)		\$\$ \$\$ \$\$ \$\$ \$\$
 Beginning Value Total (above) Total Cost – add lines 1 and 2 Income/Value (project journal) 		\$\$ \$\$ \$ \$ \$ \$ \$ \$



HEALTH RECORD: Record all medicinal care administered by you or your veterinarian (immunizations, dewormings, drugs, surgery, breeding record, etc.). Record expenses in C0857, *Horse Management Record*.

Tetanus	
 Influenza	
 Encephalemyolitis	
Distemper	

WASHINGTON STATE UNIVERSITY

TIME INVEST	ED RECORD:	ord	t, for each month		1120220		CUSSO AUDSHEET	SHEET TATAL
MONTH	FEEDING GROOMING	ING CLEANING STALL/PASTURE	TRAINING/ RIDING HRS	COMMENTS EXPLAIN RIDING/TRAINING HRS	SHOW/ EVENT HRS	MEDICAL/ HEALTH CARE	STUDY	TIME
October								
November								
December								
January								
February								
March					-			
April								
May								5
June								
July								
August								
September								
TOTAL HRS								
TOTAL TIME ON PROJECT	ON PROJECT		ost Total Hour	Post Total Hours To Financial Summary (8)				
Comments/Explanations:	lanations:							
					s	19000		

C0856- DSHEET





Year in 4-H Horse Project:

Project Inventory: Include all major items and animals related to your project – you may put similar items on one line (example, grooming tools)

Beginning Inventory Date_____ (To be filled out at the beginning of the 4-H year)

Items	*Status	Value	Items	Status	Value

Beginning Inventory Total:_____

Ending Inventory Date_____ (To be filled out at the end of the 4-H year)

Items	Status	Value	Items	Status	Value
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-					

Ending Inventory Total:_____

*Status – Means is the inventory item new, used, broken, stolen, lost, etc....

Hoof Care Record: Record shoeings, trimmings, and any additional hoof care received. Record expenses in CO857.

Date	Type and amount	Date	Type and amount	
				*
				2
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EXPENSE RECORD: Record all expenses relating to your Horse Project (hay, grain, salt, vitamins, bedding, barn and pasture maintenance, entry fees, equipment, etc.). Include amounts (1 ton alfalfa hay; 3 80# sacks rolled oats, etc.). You may record either the amount is costs you to feed your horse per month OR the amount purchased per month. If you board your horse, enter monthly bill. If you receive something in exchange for your work or as a gift, put "0" in Cost Column and write a short explanation.

October	Cost	November	Cost
			-
			();C
Total Marthly Cast			
Total Monthly Cost		Total Monthly Cost	
December	Cost	January	Cost
			- t
Total Monthly Cost			
Total Monthly Cost		Total Monthly Cost	
February		March	Cost
			1 A
1			
Total Monthly Cost		Total Monthly Cost	

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April	Cost	May	Cost
Total Monthly Cost		Total Monthly C	ost

June	Cost Ju	ly	Cost
Total Monthly Cost		Total Monthly Co	ost

August	Cost	September	Cost
Total Monthly Cost		Total Monthly Cost	

TOTAL ANNUAL EXPENSE \$_

(Post total annual expenses to financial summary #3)

CLINIC RECORD: Include Clinics, Seminars, and Workshops you attended with, or with out, your project animal. <u>Record costs in Expense Record if applicable.</u>

Date	Event	Comments	
Date	Lyont		

Date	Show	Class	Placing
			5.4
			1 (14)4 (15)
			îî
			15 ¹⁹ - 54

SHOW AND EXHIBIT RECORD: Include shows where you participate with your horse. <u>Record</u> cost in Expense Record if applicable.

CONTEST RECORD: Include Judging, Bowl, Herdsmanship, Groom Squad, etc (where you participate without your horse).<u>Record costs in Expense Record if applicable.</u>

Date	Contest	Placing	Comments
		- 14	
			25*
			· · · · · · · · · · · · · · · · · · ·

MY	4-H	STORY

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N	AY 4-H STORY	(CONTINUED)

SUPPLEMENTAL INFORMATION

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YOUR 4-H YEAR AGREEMENT

At the beginning of each year, leaders, members, and parents should agree on expectations for member participation in the club.

We suggest the following:

- Attend a certain number of club meetings.
- Attend a certain number of project meetings.
- Serve as a committee member or officer.
- Do a public presentation.
- Keep a record book.
- Learn some new skills and knowledge.
- Have an exhibit. Work on a community service project.
- Do leadership activities.
- Participate in an out-of-club activity such as camp or conference.
- Be creative. (This is the leader's and member's opportunity to think of other things that could contribute to the 4-H experience.)

WASHINGTON STATE UNIVERSITY

4-H Youth Development Program 🎇

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